



Getting Ready

In order to get the most from this session, please download / install:

- OWASP ZAP, which requires a Java runtime
- A virtualization package, such as the free VirtualBox, free VMware Player, or commercial VMware Workstation
- The OWASP BWA VM
 - I have copies on flash drives
 - Uncompress the VM



OWASP Broken Web Applications (BWA) VM and Zed Attack Proxy (ZAP)

PRESENTED BY: **Chuck Willis**

chuck.willis@mandiant.com

@chuckatsf





Agenda

- Introductions
- Zed Attack Proxy
- Bonus Content!
- Broken Web Applications VM

Introduction – Chuck Willis

- Technical Director @ Mandiant
- Application Security, Source Code Analysis, Penetration Testing, Forensics, Incident Response, R&D
- Leader of OWASP Broken Web Apps Project
- (Very) occasional visitor to Unallocated Space
- Twitter: @chuckatsf
- chuck.willis@mandiant.com

We are Mandiant

■ What are we?

- Threat detection, response and containment experts
- Software, professional & managed services, and education
- Application and network security evaluations

■ Where are we?

- Washington
- New York
- Los Angeles
- Redwood City
- San Francisco
- Albuquerque
- Ann Arbor
- Dublin, Ireland





What is OWASP?

- The Open Web Application Security Project
- 501c3 not-for-profit worldwide charitable organization with chapters around the globe.
- Focused on improving the security of application software
 - Visibility into security
 - Informed decisions about real risk
- Free to participate, free to use
- Personal and corporate supporters



What is OWASP?

- OWASP Top Ten
 - Web Application Security Risks
- OWASP Guides
 - Development Guide
 - Testing Guide
 - Code Review Guide
- Application Security Verification Standard
- Open Software Assurance Maturity Model
- Enterprise Security API



OWASP Zed Attack Proxy (ZAP)



OWASP Zed Attack Proxy Project

“The Zed Attack Proxy (ZAP) is an easy to use integrated penetration testing tool for finding vulnerabilities in web applications.

It is designed to be used by people with a wide range of security experience and as such is ideal for developers and functional testers who are new to penetration testing.

ZAP provides automated scanners as well as a set of tools that allow you to find security vulnerabilities manually.”

https://www.owasp.org/index.php/OWASP_Zed_Attack_Proxy_Project

The Zed Attack Proxy

- Released September 2010
- Ease of use a priority
- Comprehensive help pages
- Free, Open source
- Cross platform
- A fork of the well regarded Paros Proxy
- Involvement actively encouraged
- Adopted by OWASP October 2010



ZAP Principles

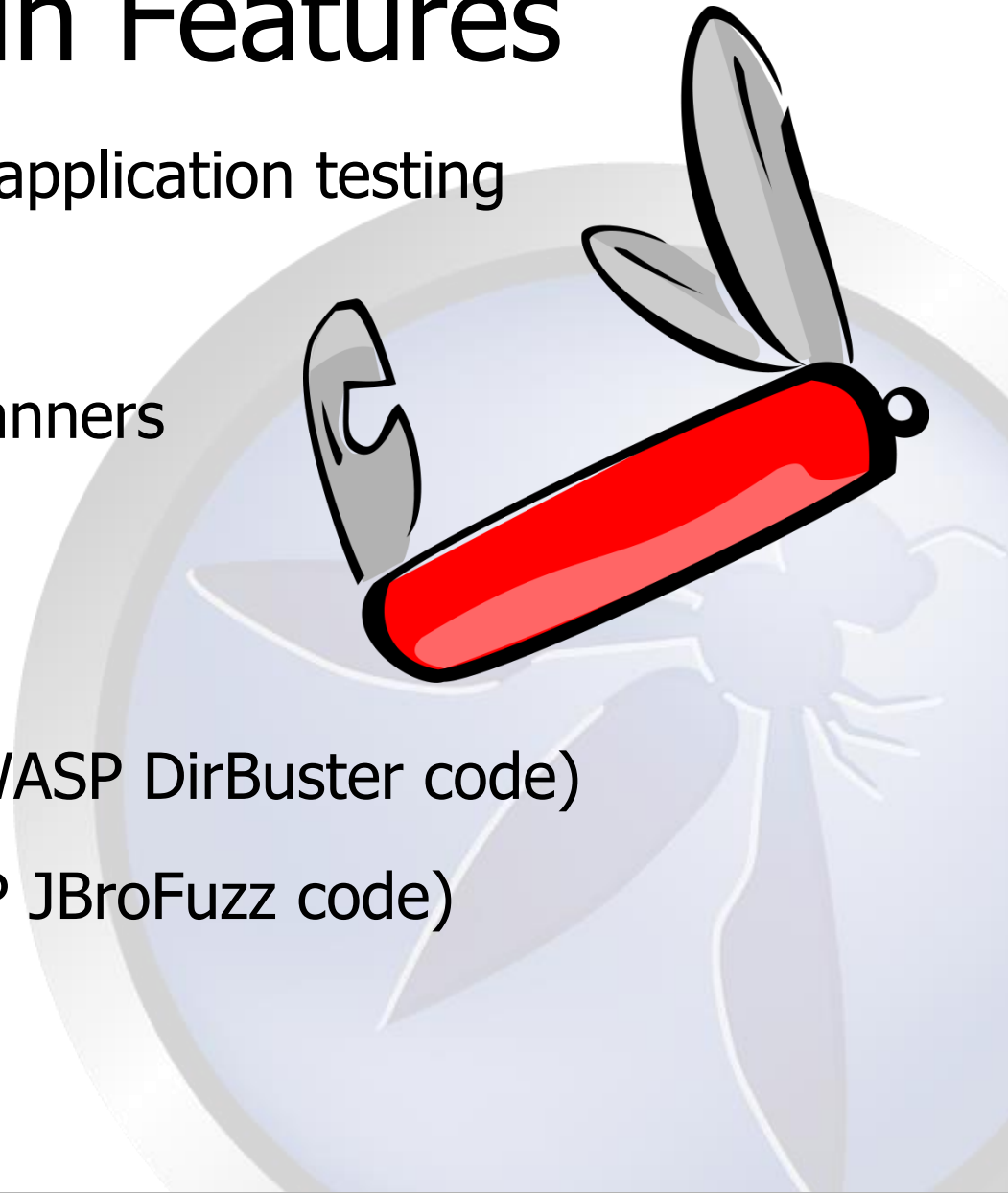
- Free, Open source
- Cross platform
- Easy to use
- Easy to install
- Internationalized
- Fully documented
- Involvement actively encouraged
- Reuse well regarded components



The Main Features

All the essentials for web application testing

- Intercepting Proxy
- Active and Passive Scanners
- Spider
- Report Generation
- Brute Force (using OWASP DirBuster code)
- Fuzzing (using OWASP JBroFuzz code)



The Additional Features

- Auto tagging
- Port scanner
- Smart card support
- Session comparison
- Invoke external apps
- BeanShell integration
- API + Headless mode
- Dynamic SSL Certificates
- Anti CSRF token handling



Let's try out ZAP!



OWASP Vicnum Project

- OWASP Vicnum Project

<http://vicnum.ciphertechs.com/>



HTTPS

- ZAP has it's own CA cert that can be installed in your browser to avoid warning messages
- Try going to an HTTPS site, like <https://www.google.com/>

Bonus: OWASP Vulnerable Web Applications Directory Project



OWASP Vulnerable Web Applications Directory

- “comprehensive and well maintained registry of all known vulnerable web applications currently available”
- Available at:

https://www.owasp.org/index.php?title=OWASP_Vulnerable_Web_Applications_Directory_Project

OWASP Broken Web Application (BWA) Project



OWASP Broken Web Apps VM

- Free, Linux-based Virtual Machine
- Contains a variety of web applications
 - Some intentionally broken
 - Some old versions of open source applications
- Pre-configured and ready to use / test
- All applications are open source
 - Allows for source code analysis
 - Allows users to modify the source to fix vulnerabilities

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More info and free download at www.owaspbwa.org



OWASP Broken Web Apps VM

- Training Applications
 - OWASP WebGoat (Java)
 - OWASP WebGoat.NET (ASP.NET/C#)
 - OWASP ESAPI Java SwingSet Interactive (Java)
 - OWASP Mutillidae II (PHP)
 - OWASP RailsGoat (Ruby on Rails)
 - OWASP Bricks (PHP)
 - Damn Vulnerable Web Application (PHP)
 - Ghost (PHP)
 - Magical Code Injection Rainbow (PHP)

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OWASP Broken Web Apps VM

- Realistic, Intentionally Vulnerable Applications:
 - OWASP Vicnum (PHP/Perl)
 - OWASP 1-Liner (Java/JavaScript)
 - Google Gruyere (Python)
 - Hackxor (Java JSP)
 - WackoPicko (PHP)
 - Bodgelt (Java JSP)
 - Cyclone Transfers (Ruby on Rails)
 - Peruggia (PHP)

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OWASP Broken Web Apps VM

- Old Versions of Real Applications
 - WordPress 2.0.0 (PHP, released December 31, 2005)
 - myGallery plugin version 1.2
 - Spreadsheet for WordPress plugin version 0.6
 - OrangeHRM version 2.4.2 (PHP, released May 7, 2009)
 - GetBoo version 1.04 (PHP, released April 7, 2008)
 - gtd-php version 0.7 (PHP, released September 30, 2006)
 - Yazd version 1.0 (Java, released February 20, 2002)
 - WebCalendar version 1.03 (PHP, released April 11, 2006)
 - TikiWiki version 1.9.5 (PHP, released September 5, 2006)
 - Gallery2 version 2.1 (PHP, released March 23, 2006)
 - Joomla version 1.5.15 (PHP, released November 4, 2009)
 - AWStats version 6.4 (Perl, released February 25, 2005)

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OWASP Broken Web Apps VM

- Applications for Testing Tools
 - OWASP ZAP-WAVE (Java JSP)
 - WAVSEP (Java JSP)
 - WIVET (Java JSP)

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OWASP Broken Web Apps VM

- Demonstration Pages / Small Applications
 - OWASP CSRFGuard Test Application (Java)
 - Mandiant Struts Forms (Java/Struts)
 - Simple ASP.NET Forms (ASP.NET/C#)
 - Simple Form with DOM Cross Site Scripting (HTML/JavaScript)
- OWASP Demonstration Applications
 - OWASP AppSensor Demo Application (Java)

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VM Features

- Samba shares for editing and viewing
 - Source code
 - Configuration files
 - Log files
- Scripts for recompiling applications
- ModSecurity installed
 - OWASP Core Rule Set can be enabled

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More Information and Getting Involved

- More information on the project can be found at <http://www.owaspbwa.org/>
- Join our Google Group: owaspbwa
- Follow us on Twitter @owaspbwa
- Submit bugs and security issues to the trackers

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